







Chilled



CATEGORY

Patisserie



OCCASION

Afternoon Tea, Mother's Day



FINISHED PRODUCT

Confectionery, Dessert, Gateaux

CARAPOIRE



OVERVIEW

ARE YOU LOOKING FOR A TASTY, EASY AND QUICK PASTRY TO SERVE?

THIS "CARAPOIRE" ENTREMET IS WHAT YOU'RE LOOKING FOR.

Our Chef revisited this traditionnal recipe.

The "Carapoire" entremet is composed with:

Dacquoise Almond | Crème Brulée | Mousse au Caramel | Diamond Glaze Neutral & Caramel Toffee.

By Friedrich Mayer - Consultant for Pastry & Bakery Solutions @BakbelEurope

INGREDIENTS

Group Dacquoise Almond

Ingredient	KG
Egg white	0.440
Sugar	0.280
Tpt Almond	0.560
Flour	0.140
Egg white powder	-

Group Crème Brulée

Ingredient	KG
Milk	0.500
Fresh cream	0.500
Sugar	0.150
Egg Yolk	0.240
<u>La Poire 10/10</u>	0.300
	Total Weight: 1.690

Group Mousse au caramel

Ingredient	KG
Whipped cream	0.700
Fresh cream	0.400
Sugar	0.180
Glucose	0.115
Gelatin	0.024
Egg Yolk	0.130
Sugar	0.190
Water	0.065
	Total Weight: 1.804

Group Glazing

Diamond Glaze Neutral	0.200
Diamond Glaze Caramel Toffee	1.000
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Total Weight: 1.200

Total Weight: 1.420



INSTRUCTIONS (FOR 5 CAKES OF Ø 15CM EACH)

DACQUOISE ALMOND

Make a French meringue with egg white, sugar and egg white powder. Sift flour and Tpt almond. Combine the mix gently into the French meringue. Pipe spirals and bake at 160°C for about 20 to 25min.

CRÈME BRULÉE

Mix all ingredients except <u>LA POIRE 10/10</u>. Bake into flexipan at 100°C for about 40 to 45min. Once the **Crème Brulée** is frozen, spread <u>LA POIRE 10/10</u> on top for about 1 cm of thickness.

MOUSSE AU CARAMEL

Make a caramel with the fresh cream, sugar, glucose and add soaked gelatin. Make a pate a bombe with egg yolk, sugar and water. Mix it into the caramel then add whipped fresh cream.

GLAZING

To glaze the cake, mix Diamond Glaze Neutral. with Diamond Glaze Caramel Toffee

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